

AERIAL DANCE OF THE ZODIAC



Tonight, Good Karma Studio presents *The Aerial Dance of the Zodiac*—a high-flying journey through the origins of the twelve zodiac signs. Accompanied by striking visual art by **Far Eye Visual Arts**, this original production brings the zodiac signs to life. Each acrobat performs on a unique apparatus, infusing their scene with elegance, intensity, and flair.

At the heart of the story is a mysterious chamber filled with treasures. Through movement and myth, the show explores what happens when each sign steps forward to claim what they believe to be most valuable.

Whether you check your horoscope daily or simply know your sign, astrology has a way of finding its place in each of our lives. As we discover who we are, we realize that we all carry a bit of the stars with us-our quirks, our passions, our patterns-all written somewhere in the sky.

This performance features local artists from the vibrant Capital Region arts community.

The narration for our performance was inspired by The Myth of God's Children (How the Zodiac Signs Got Their Groove On).







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CHRISTINA PRIMERO PHOTOGRAPHY



Thank you to The Egg for supporting us with your talented lighting and sound team, and for ensuring our safety through expert rigging during this performance.

AERIAL DANCE OF THE ZODIAC ACT ONE



MARIES

March 21 - April 19

Attributes: Bold, Passionate, Impulsive

Performer(s): Kendra Cole, Jessica Lubin, Christina Sakoulas



TAURUS

April 20 - May 20

Attributes: Grounded, Sensual, Persistent

Performer(s): Valerie Chew



MGEMINI

May 21 - June 20

Attributes: Curious, Expressive, Adaptable Performer(s): Nikki Gregor, Sarah Straight



6º CANCER

June 21 - July 22

Attributes: Emotional, Nurturing, Intuitive

Performer(s): Christine Neumann



OLEO

July 23 - August 22

Attributes: Radiant, Confident, Dramatic

Performer(s): Noelle Reign, Emily Meister, Alex Brooks, Simon Phoenix, Theo Rabii, Venus Vendetta, Vixen Vega



M VIRGO

August 23 - September 22

Attributes: Precise, Reliable, Helpful Performer(s): Chandra Wells

INTERMISSION





<u> ← LIBRA</u>

September 23 - October 22

Attributes: Balanced, Charming, Diplomatic
Performer(s): Kendra Cole, Zheek Smith, Logan Kerr



m SCORPIO

October 23 - November 21

Attributes: Intense, Mysterious, Resourceful Performer(s): Christina Sakoulas



× SAGITTARIUS

November 22 - December 21

Attributes: Adventurous, Optimistic, Honest Performer(s): Anna Sheinkin



12 CAPRICORN

December 22 - January 19

Attributes: Ambitious, Disciplined, Responsible

Performer(s): Brittney Jason



an AOUARIUS

January 20 - February 18

Attributes: Innovative, Independent, Rebellious

Performer(s): Crystalbot, Kendra Cole



* PISCES

February 19 - March 20

Attributes: Imaginative, Empathic, Compassionate

Performer(s): Cameron Fine, Jessica Lubin

MEET THE PERFORMERS



The symbol next to each performer's name represents their actual sun sign. Refer to the act list for full performance credits.

Alex Brooks xxx

Alex fell in love with inversions and aerial hoop after her very first class in March 2021. Since then, Alex has used aerial hoop as an outlet for her mental health and a way to freely express herself. When Alex is not upside down, you can find her out in nature picking up rocks to tumble.

Valerie Chew M @Val.aunaturel

Val's aerial silks journey began in 2017, inspired by Cirque du Soleil as a child. Her pursuits of bodybuilding, skiing, mountain biking, yoga, and dance reflect her growth and passion for challenging herself through physical and creative expression.

Kendra Cole ✓ @kendra.flows

Kendra lights up any stage with her vibrant energy, whether she's flowing with props or hanging from an aerial point. Dancing with fire is her favorite, but you'll also find her with LED hoops or silk fans. Through movement and breathwork, she helps others explore their own unique style of embodiment and self-expression.

Crystalbot ___ @crystalbot_

I am Crystalbot. I have called Albany home for 8 years, and I am thrilled to be able to share my skill and love of performance with you. Artist, aerialist, teacher & clown. A lover of all things movement and Circus Arts, and just an overall cool guy.

Brittany Jason -

Bee, a future esthetician and newly certified silks instructor, celebrates 7 years with GKS in her 8th show-and first on aerial silks. For this momentous venue, this piece is a tribute to resilience, rising through adversity, and reclaiming her power.

Logan Kerr Ma@ohwowgan

Logan was born and raised in Chatham, NY and has since toured the country with companies such as Bindlestiff Family Cirkus and Circus Bella. Since 2023, she has been co-operating 3AM Theatre in Astoria where she is also a featured company member.

Emily Meister M @emilymeister

Special education teacher and instructor at Good Karma who likes reading, walking my dog, and spending time with family and friends. Aerial hammock is my outlet-a space to breathe, flow, and express. Dog mom to a goofy 2-year-old lab.

Christine Neumann 7 @christine.neu0512

Christine is a teacher/mom by day, aerialist by night. This will be her 7th time performing with GKS and she is beyond excited to have the chance to perform at the iconic Egg! Thanks to family and friends for all their love and support.



Simon Phoenix @misssimonphoenix_

Simon Phoenix is a black an Aerialist hailing from upstate New York, who has been practicing Lyra at Good Karma for 5yrs. Simon has been honored to be selected to perform twice for NECCA Showcases and is an 4 time award-winning pole performer.

Theo Rabii \diamond @theotheteacho777 @s0ciopath1cdancequeen

Theo is a yoga instructor, dancer, choreographer, actor, poet, and activist who creates spaces for accessible movement, art, and mindfulness-inviting joy, love, freedom, creative expression, embodied awareness, and resistance for all.

Noelle Reign 4% @noellereigns

The Crown Jewel of Burlesque, Noelle Reign trained in Irish Step and musical theatre. A costumer, coach, and choreographer, she teaches at Good Karma Studio, helping bodies move boldly and sensually through the air and across the stage

Christina Sakoulas 🌃 @tinapolerinaa @polertinaa

Started with yoga, fell in love with pole. From tricks to heels, I found my passion in movement. Now I teach to inspire others, always learning, always growing. Strength, flow, and creativity drive my journey in this ever-evolving art form.

Anna Sheinkin 7 @anna.sheinkin

Anna has been training and performing circus since age 12! They are currently a rising sophomore at Bard College where they're a head of the circus club and are intending to major in studio arts and music.

Zheek Smith, an Albany native, has always had a passion for movement. Former track sprinter turned acrobat. Zheek quickly found a passion for acrobatics and started training at the NYC circus gyms with some of the best acrobats in the world.

Venus Vendetta \diamond @venus.xox.vendetta

With a name as deadly as her allure, get ready to fall under the spell of this rising neo-burlesque artist. She's got the sweetness of candy and the sting of a kiss you'll never forget, the Deadly Aphrodisiac, the one and only... Venus Vendetta!

Vixen Vega γ @vixen_vega_burlesque

This fox was sent headfirst into the art of tease on the heels of a 1960's GoGo Class. The rush of the spotlight and movement of her dangerous curves captivated her senses for the need to be seen. She's the dame without shame, Miss Vixen Vega.

Chandra Wells 😷 @chalee716

Chandra's aerial journey began as a post-pandemic lark at GKS, and quickly blossomed into an obsession! She trains Lyra, silk hammock, pole, and flying pole. She enjoys performance, creative collaboration, and the rich Capital District arts scene.

CREATIVE TEAM & PERFORMERS

Jessica Lubin 🗡 @goodkarmajess Vision Director & Executive Producer

Jessica founded Good Karma Studio in 2011, creating a space for aerial, circus arts, and yoga in Albany, NY. Her love of movement and seeing the world upside down has inspired a community of all ages to play, heal, and explore. She has guided every part of this show, from casting and rigging to creative direction. Find her in the Aries and Pisces acts of our show!

Cameron Fine @ @cameronfine_Creative Director

Cam is a newly certified yoga instructor and has been part of the GKS community since 2023. He took on a new apparatus for this show (duo lyra in the Pisces act) and is always up for a challenge. He has provided essential support in shaping the artistic direction of the production, contributing to casting, costume design, and music selection. His collaborative insight has helped guide the show's tone and energy.

Nikki Gregor ← @nik_swings @bratty.moon Stage Production Manager & Creative Director

Nikki found her home in the Capital Region in 2018 and quickly became part of the GKS community. Outside the studio, Nikki is a passionate maker-crafting jewelry, creating art, and collecting vintage clothing all while spending time with her beautiful friends. Nikki co-authored the show's narration and has coordinated event logistics and stage flow. She also contributed to creative direction and design, ensuring the experience feels cohesive from start to finish. Catch her swirling around in the Gemini act.

Sarah is a visual artist, acrobat, and Good Karma Studio instructor. Finding a place to learn and practice circus arts has been an exhilarating way to combine movement and creative expression. In addition to performing in the Gemini act, Sarah created the show's promotional artwork, merch, and onscreen astrology symbols, blending on-paper watercolor with digital design. Her work brings a distinct visual identity to the production's aesthetic.

STAGE CREW

Kelly Werner, Stage Manager
Lili Paperman, Rig Coordinator
Jennifer Karis, Assistant Stage Manager
Jenn Gerber; Stage Manager
Krista Spohr, Assistant Stage Manager

VISUALS PRESENTED BY



Visual/Video artist and Veteran residing in the Capital Region of New York. Formal background in Film and Emergency Medicine, Far Eye pulls from his real world experiences to develop stunning luminous visuals. This diverse journey informs his exploration of identity, trauma and healing through visual storytelling. His art seeks to evoke emotion and provoke thought, inviting viewers to engage with complex narratives. Currently, he is focused on creating immersive experiences that blend technology and personal history, aiming to foster connection and understanding in a fragmented world.

@fareyevisualarts

Good Karma Entertainment does not own the rights to any of the music used during this production.

Narration by John Romeo

CHARITIES

Tonight's event supports scholarships for four students in the 2025-2026 season, helping provide access to music and aerial training.

It also benefits a range of local charities making a meaningful impact in our community, including: Building on Love, Precious Precious Souls. USA



AERIAL ZODIAC T-SHIRTS





Click here to order: https://sarahstraightstudio.threadless.com/ Made on demand - approx. 2 weeks for production and shipping



READY TO FLY?

Good Karma Studio has been serving the Capital region with FUN fitness since 2011 and is a woman owned business in Albany, New York. We are the area's ONLY certified Circus Arts and Aerial studio, and the very first to bring bungee fitness to the Capital Region! With three studios in one building and open 7 days a week, we offer classes for all ages and abilities specializing in Lyra Hoop, Silks, Silk Hammock, Aerial yoga, Mat yoga, Group Fitness classes, and Kids classes!!

With our highly-trained and compassionate teachers, our studio is known for its warm and welcoming vibes for everybody. We will meet you wherever you are. You'll feel at ease when trying something new and putting yourself out there.

Good Karma is here to facilitate and spread the good karma vibes; where we believe, YOU truly can create your Health & Happiness!

